

Mariandale Retreat and Conference Center

299 N. Highland Ave. Ossining, NY 10562
(914) 941- 4455 www.mariandale.org

Contemplative Formation Program

Personal Reflection Form 2013 – 2014

Please respond *thoughtfully* to the following questions. After you complete your answers, please choose either “Submit by Email” (jcorso@ophope.org) or “Print” (above).

Send printed pages to:

Janet E. Corso, Contemplative Formation Program
Mariandale Retreat and Conference Center
299 N. Highland Avenue, Ossining, NY 10562

Name:

1. What attracts you to this program and why do you believe that you are being invited to participate at this particular time in your life?
2. Describe your current spiritual practices.
3. What has been your experience of being drawn to the contemplative practices of listening, silence, and open availability to the Divine Presence?
4. What are your experiences and/or involvement in justice, volunteer or community work?
5. Highlight how some significant experiences and events in your life have influenced your spiritual journey. (No more than 2 double spaced typed pages, please).